| Tent (if you do not own one borrow one or find someone to "tent" with) |
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| Sleeping system (sleeping bag, pad, etc.) |
| Lawn chair |
| Canteen/Water bottle |
| Rain gear |
| Sturdy shoes/boots (no "flip-flops" or the like for safety reasons) |
| Knife – preferably a sturdy fixed blade, although a sturdy folding knife can also work (do not bring a small, flimsy pocket knife – this will not work) – the blade length should be at least three inches – a STURDY knife will be essential for some of the firecraft exercises |
| Small notebook and pencil or pen |
| Personal hygiene (toothbrush/paste, TP, anti-bacterial wipes/baby wipes, etc.) |
| Flashlight (make sure the batteries are fresh or bring spare ones) |
| Insect repellent |
| Sun protection (hat/sunscreen/sunglasses) |
| Rosary |
| Snacks |
| If you have a firesteel (with or without a magnesium block) and /or an orientating compass (with a movable bezel ring that is marked in degrees) please bring these as well. |
| Optional Items: fishing kit/watch/individual first aid kit |
| Do not bring: radio, any type of alcohol, electronic games, etc this is an "unplugged" weekend – any cell phones should be used only for very urgent matters |